

**BARREN RIVER AREA DEVELOPMENT DISTRICT
AREA AGENCY ON AGING AND INDEPENDENT LIVING**

PLAN FOR AGING SERVICES FY 2023

The Barren River Area Development District/Area Agency on Aging and Independent Living will be conducting a public hearing on the Aging Services Area Plan. This plan is for FY 2023. The Area Plan is a document that must be submitted to the Kentucky Department for Aging and Independent Living (DAIL) for the allocated Federal and State funds to be spent in the BRADD area. These funds will be used to provide congregate meals, home delivered meals, in-home services, senior center services, legal assistance, benefits counseling, ombudsman, elder abuse prevention, adult day/Alzheimer's respite, disease prevention and health promotion, National Family Caregiver Support, Medicaid Waiver Program services, and Personal Care Attendant Services.

The public hearing will be held:

**11:00 AM CST Wednesday, March 16, 2022
Barren River Area Development District
Regional Conference Center
177 Graham Avenue
Bowling Green, KY 42101**

Participation is actively sought from the following groups: older persons in greatest economic and social need, older minority persons, rural elderly, frail elderly, older persons with severe disabilities, older persons with limited English-speaking ability, older Native Americans, caregivers of individuals and persons with Alzheimer's disease or related disorders. We encourage all interested parties to review the draft plan to be informed and to make comments.

Auxiliary aids and services are available to individuals with disabilities when requested three (3) business days in advance of the meeting.

For additional information, to provide comments or to request an interpreter, please contact Alecia Johnson, Associate Director of Aging and Independent Living Services, at (270) 306-4001 or Voice: 1-800-648-5057 (For the Hearing Impaired).

Attached is a draft summary copy of the BRADD/AAAIL Aging Plan for FY 2023.

**BARREN RIVER AREA DEVELOPMENT DISTRICT
AREA AGENCY ON AGING AND INDEPENDENT LIVING**

FY 2023 AREA PLAN ON AGING

AREA PLAN SUMMARY

Area plans are prepared and developed under Section 306(a) of the Older Americans Act by Area Agencies on Aging and Independent Living (AAAIL) so designated by the Kentucky Department for Aging and Independent Living (DAIL). Each agency is responsible for the plan for the multi-county planning and service area (PSA) in which the agency is located.

DAIL requires that all area plans be developed under a uniform format. The Barren River Aging Area Plan shall:

“provide, through a comprehensive and coordinated system, for supportive services, nutrition services, and, where appropriate, for the establishment maintenance, or construction of multipurpose senior centers in such area (taking into consideration, among other things, the number of older individuals with low incomes residing in such area, the number of older individuals who have greatest economic need (with particular attention to low-income minority individuals) residing in such area, and the number of older individuals who have greatest social need (with particular attention to low-income minority individuals) residing in such area, and the number of older individuals who are Indians residing in such area, and the efforts of voluntary organizations in the community), evaluating the effectiveness of the use of resources in meeting such need, and entering into agreements with providers of supportive services, nutrition services, or multipurpose senior centers in such area, for the provision of such services or centers to meet such need.”

The Area Plan reflects the efforts of the AAAIL in:

- * determining the needs of the older and disabled population within its service jurisdiction;
- * arranging through a variety of linkages for the provision of services to meet those needs;
- * evaluating how well the needs were met by the resources applied to them.

Programs administered by the AAAIL include:

Older Americans Act Supportive Programs

These programs include an array of supportive services, adult day care, congregate meals, home-delivered meals, in-home services, disease prevention, caregiver, elder abuse and long-term care ombudsman services. Many services provided through local senior citizen centers. These are federal programs funded by the Administration on Community Living (ACL).

Homecare

It is the goal of the Homecare Program to provide an array of essential services in the home of those Kentuckians over the age of 60 whose functional limitations and lack of adequate informal support creates a danger of institutional placement.

Aging and Disability Resource Center Services (ADRC)

The Aging and Disability Resource Center was designed to provide information and assistance regarding programs and services that assist the elderly and disabled population throughout our BRADD ten counties. The ADRC is housed within the BRADD/AAAIL and serves as a valuable tool to connect the aging and disabled population with the resources they need.

State Health Insurance Assistance Program (SHIP)

Services will be provided by benefits counselors to elderly persons who request assistance with public and private benefits throughout the BRADD ten county areas. This a federal program funded by the Centers for Medicare and Medicaid.

Personal Care Attendant Program (PCAP)

The Personal Care Attendant Program's intention is to provide assistance for the mentally alert severely physically disabled adult 18 years of age or older who wants to live independently but need both the help of a personal care attendant and the financial assistance necessary to hire an attendant. The program is designed to provide severely physically disabled adults (at risk of institutional care) the opportunity to live within their homes and communities.

Family Caregiver Support Program

The goal of the Barren River Family Caregiver Support Program to provide assistance to Family Caregivers caring for an elderly individual 60 years of age and older, or Grandparents or a relative caregiver 55 years of age and older caring for a child not more than 18 years of age. An adult 18 years of age and older with a disability can qualify if they are in the care of their grandparent or other relative caregiver. This program provides information and assistance, respite, caregiver training, support groups, counseling and supplemental services.

Medicaid Waiver Programs

The Medicaid Waiver Program was created to provide eligible participants services to assist with their care needs in the home and community. BRADD/AAAIL offers case management/service advisor services for Michelle P. Waiver, HCB2 PDS, and HCB2 Traditional services.

Medicare Improvement for Patients and Providers Act (MIPPA) Services

Services will be provided by the BRADD/AAAIL to locate and assist Medicare beneficiaries with completing applications for "Extra Help" or LIS, which assists with Medicare Part D costs, as well as assisting with Medicare Savings Program applications, which help pay for the Medicare Part B Premiums.

Finally, the area plan provides the basis on which the State Plan for Aging Services is developed and submitted as an application for the Older Americans Act allocations which fund many of the local programs. The state agency approval of an area plan is official endorsement of an area agency on aging local contribution to a broader effort on behalf of a statewide older population in variety of economic and social circumstances.

FY 2023 PROGRAMS AND SERVICES

***No Federal and State allocations have been received at this time.**

TITLE III-B PROGRAM

Federal, State and Match Funds:

Social service funded under this program will be provided throughout the BRADD ten-county area includes:

| | |
|-----------------------|------------------------|
| Transportation | Information/Assistance |
| Outreach | Public Education |
| Telephone Reassurance | Homemaking |
| Legal Assistance | Benefits Counseling |
| Ombudsman | Assessment |
| Case Management | |
| Personal Care | |

TITLE III CONGREGATE MEALS

Federal, State and Match Funds:

Congregate meals will be provided at all the multipurpose senior centers, senior centers and nutrition sites to elderly person's aged 60 and over throughout the BRADD ten-county area.

TITLE III HOME-DELIVERED MEALS

Federal, State and Match Funds:

Home delivered meals will be provided to elderly person's aged 60 and over throughout the BRADD ten-county area.

TITLE III-D PROGRAM

Federal and Match Funds:

Evidence-based health promotion services that include educational and exercise programs designed to improve and maintain the health of the participants.

TITLE III-E - FAMILY CAREGIVER SUPPORT PROGRAM

Federal, State, and Match Funds:

Funded under the Title III-E of the Older Americans Act, the Barren River Family Caregiver Support Program provides assistance to family caregivers caring for an elderly individual 60 years of age and older, or grandparents or a relative caregiver 55 years of age and older caring for children not more than 18 years of age. This program provides information and assistance, respite, caregiver training, support groups, and supplemental services.

TITLE VII ELDER ABUSE PREVENTION PROGRAM

Federal and Match Funds:

Services will be provided to residents of all Long-Term Care facilities, included also will be Family and Personal Care Homes, on residents rights and agencies to contact with complaints and concerns, especially regarding abuse, neglect, and exploitation.

TITLE VII – OMBUDSMAN/Facility Prevention

Federal and Match Funds:

Funds will be used to expand Ombudsman services throughout the BRADD.

STATE Long Term Care Program - OMBUDSMAN

State and Match Funds:

Funds assist in funding a Certified Full Time District Ombudsman and one additional full time Certified Ombudsman Assistant.

HEMECARE PROGRAM

State and Match Funds:

Social Services funded under this program will be provided to homebound elderly person's aged 60 and over throughout the BRADD ten-county area. These services include:

| | |
|-------------------|---------------|
| Case Management | Assessment |
| Escort | Personal Care |
| Respite | Homemaking |
| Non-Medicaid ADRC | |

HEMECARE HOME DELIVERED MEALS

State and Match Funds:

Home delivered meals will be provided to homebound elderly person's aged 60 and over throughout the BRADD ten-county area.

NSIP (Nutrition Services Incentive Program) FUNDS

Federal Funds:

NSIP Funds will be used to assist in paying for additional meals in the Congregate and Home delivered meals Programs.

CENTERS FOR MEDICARE AND MEDICAID (SHIP)

Federal Funds:

Services will be provided throughout the BRADD area to elderly persons aged 60 and over that request assistance with public and private benefits.

MEDICARE IMPROVEMENT PATIENT AND PROVIDER ACT (MIPPA)

Federal Funds:

Services will be provided throughout the BRADD area to persons with Medicare that request assistance with applications for Low Income Subsidy also known as Extra Help.

Program is based on performance measures.

PERSONAL CARE ATTENDANT PROGRAM

State Funds:

Services will be provided throughout the BRADD area to the mentally alert, severely physically disabled adults 18 years of age and older with permanent, temporarily, or recurring functional loss of two or more limbs and meet the income eligibility.

MEDICAID WAIVER PROGRAMS

State Funds:

These programs budget is based on the number of clients and services provided and fluctuate throughout the year.

BRADD/AAAIL offers case management/service advisor services for HCB2 PDS, and HCB2 Traditional services, and support brokerage services for Michelle P Waiver clients.

This program allows Medicaid Waiver Members greater choices in selecting care providers for non-medical waiver services.

MEDICAID ADRC

Federal and State Funds:

The ADRC is a “one-stop-shop” that is designed to enhance the identification of appropriate resources and coordinates with other agencies to ensure efficient and effective integration of needed services and resources for the aging and disabled populations.

CONTRACTS FOR ALL PROGRAMS WILL BE BASED ON A FIXED COST PRICE PER UNIT OF SERVICE WITH THE EXCEPTION OF THE PERSONAL CARE ATTENDANT PROGRAM AND CASE MANAGEMENT/ASSESSMENT, WHICH ARE COST REIMBURSEMENT.

**ESTIMATED FY 2023
BRADD DISTRICT-WIDE SERVICE DELIVERY
AND UNDUPLICATED CLIENTS**

| <u>TITLE III SERVICES</u> | <u>UNDUPLICATED CLIENTS</u> |
|---|-----------------------------|
| Assessment | 267 |
| Case Management | 287 |
| Homemaker | 111 |
| Personal Care | 54 |
| Information/Assistance | 919 |
| Legal Assistance/Benefits Counseling | 278 |
| Ombudsman Services | 443 |
| Outreach | 611 |
| Telephone Reassurance | 278 |
| Transportation | 100 |
| Congregate Meal Services | 570 |
| Home Delivered Meal Services | 676 |
| Public Education | 335 |
| Escort | 5 |
| <u>HEMECARE SERVICES</u> | |
| Assessment | 340 |
| Case Management | 372 |
| Escort | 30 |
| Home Delivered Meal Services | 326 |
| Homemaker | 220 |
| Personal Care | 107 |
| Respite | 28 |
| <u>TITLE III – D</u> | |
| Disease Prevention and Health Promotion | 50 |
| <u>TITLE III ELDER ABUSE PREVENTION</u> | |
| | 443 |
| <u>TITLE VII FACILITY PREVENTION</u> | |
| | 280 |
| <u>STATE LONG TERM CARE OMBUDSMAN</u> | |
| | 671 |
| <u>PERSONAL CARE ATTENDANT PROGRAM</u> | |
| Personal Care Attendant | 11 |
| <u>TITLE III-E FAMILY CAREGIVER SUPPORT PROGRAM</u> | |
| Caregivers caring for a person 60 + | 100 |
| Grandparents | 35 |

| | |
|---|------|
| <u>MIPPA</u> Applications Completed | 227 |
| <u>AGING AND DISABILITY RESOURCE CENTER</u> <u>ADRC Level 1 Screenings</u> | 2000 |
| <u>MEDICAID WAIVER PROGRAMS</u> | 300 |

ASSURANCES

1. Each Area Agency on Aging and Independent Living shall assure that case management services under Title III of the OAA will not duplicate case management services through other federal and state-funded programs and will include in its annual plan the coordination of case management services between programs.
2. Each Area Agency on Aging and Independent Living shall provide for adequate and qualified staff for service provisions.
3. Each Area Agency on Aging and Independent Living assures that the Area Agency on Aging and Independent Living and its services provider staff are trained as required for their job functions.
4. Each Area Agency on Aging and Independent Living shall assure that there is an integrated regional client management data system.
5. Each Area Agency on Aging and Independent Living shall encourage local cities and towns to plan for the growing aging populations and needs.
6. In accordance Sec. 306(a) of the Older Americans Act, each Area Agency on Aging and Independent Living shall assure that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services and will report annually, to the State Agency, in detail, the amount of funds expended for each such category during the fiscal year most recently concluded:
 - (a) Services associated with access to services transportation, health services (including mental health services)
 - (b) Outreach, information and assistance which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in public supported programs for which the consumer may be eligible
 - (c) Case management services
 - (d) In-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and
 - (e) Legal assistance.
7. Each Area Agency on Aging and Independent Living shall assure that it will establish specific objectives, consistent with State Policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need and older individuals at risk for institutional placement.
8. Each Area Agency on Aging and Independent Living shall assure that it will develop proposed methods to achieve the objectives described in Section 306(1), paragraph (4)(a)(i), clause I as follows:

- (a) Set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;
 - (b) Include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas;
 - (c) Include the proposed methods to achieve the objectives described in Section 306(a), paragraph (4)(a)(i), clause (I)
9. Each Area Agency on Aging and Independent Living shall provide information to extent to it meets the following objectives:
- (a) Establishes specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;
 - (b) Includes specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas.
10. Each Area Agency on Aging and Independent Living shall assure that it will conduct outreach efforts that identify individuals eligible for assistance under this Act, with special emphasis on-older individuals residing in rural areas and older individuals with greatest social and economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas); older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas); older individuals with severe disabilities; older individuals with limited English proficiency; older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and inform the older individuals referred to above and the caretakers of such individuals, and older individuals at risk for institutional placements of the availability of such assistance.
11. Each Area Agency on Aging and Independent Living shall assure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.
12. Each Area Agency on Aging and Independent Living shall assure that it will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement with agencies that develop or provide services for individuals with disabilities.
13. Each Area Agency on Aging and Independent Living shall assure that in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), it will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2001 in carrying out such a program under this Title.

14. Each Area Agency on Aging and Independent Living shall provide information and assurances concerning services to older individuals who are older Native Americans including information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the Area Agency on Aging and Independent Living will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title; an assurance that the Area Agency on Aging and Independent Living will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and an assurance that the Area Agency on Aging and Independent Living will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.
15. Each Area Agency on Aging and Independent Living shall provide assurances that the Area Agency on Aging and Independent Living will maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.
16. Each Area Agency on Aging and Independent Living shall provide assurances that the Area Agency on Aging and Independent Living will disclose to the Assistant Secretary and the State agency --the identity of each non-governmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and the nature of such contract or such relationship.
17. Each Area Agency on Aging and Independent Living shall provide assurance that the AAAIL will demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.
18. Each Area Agency on Aging and Independent Living shall provide assurances that the AAAIL will demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.
19. Each Area Agency on Aging and Independent Living shall provide assurances that the AAAIL request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.
20. Each Area Agency on Aging and Independent Living shall provide assurances that preference in receiving services under this Title III of the Older Americans Act will not be given by the Area Agency on Aging and Independent Living to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this subchapter.
21. Each Area Agency on Aging and Independent Living shall provide assurances that funds received under this Title will be used; to provide benefits and services to older individuals,

giving priority to older individuals identified in paragraph Section 306(a)(4)(A)(i); and in compliance with the assurances specified in Section 306(a)(13) and the limitations specified in section 212 of the Older Americans Act.

22. Each Area Agency on Aging and Independent Living shall provide for a legal representation/advise in accordance with Chapter 4, Section 731 of OAA (Chapter 35, 42 U.S.S. 3058j) including a listing of the types of cases that will be accepted through this program.
23. Each Area Agency on Aging and Independent Living shall assure that its legal assistance provider will identify and serve those who are homebound by reason of illness, incapacity, disability or otherwise isolated.
24. Each Area Agency on Aging and Independent Living shall provide assurances that the legal assistance provider will make referrals and maintain an individual referral list for clients who request services but are not served.
25. Each Area Agency on Aging and Independent Living shall implement and oversee a community Elder Abuse Prevention program in accordance with Chapter 3, Section 721 of OAA (Chapter 35, 42 U.S.C. 3058i) for the prevention of elder abuse including neglect and exploitation. The program shall coordinate with LTC Ombudsman, senior centers, long term care facilities, judicial, law enforcement and other community agencies.
26. Each Area Agency on Aging and Independent Living shall develop programs, services and initiatives that support a comprehensive coordinated system of care for older Kentuckians.
27. Each Area Agency on Aging and Independent Living shall facilitate the coordination of community-based, long-term care services designed to enable older individuals to remain in their homes.
28. Each Area Agency on Aging and Independent Living shall maintain a plan for the development and administration of regional ADRC and coordinate information and access to regional services.
29. Each Area Agency on Aging and Independent Living shall provide assurance that if entering into an agreement with a profitmaking organization for the provision of services not otherwise receiving services under the OAA shall follow all provisions listed in Section 212 of the Older Americans Act.
30. Each Area Agency on Aging and Independent Living shall plan for the development of consumer directed options to expand service delivery and coordination with other service delivery.
31. Each Area Agency on Aging and Independent Living shall assure Title III-B Supportive Services will be delivered in the district in accordance with Section 321 of the OAA, as amended.

32. Each Area Agency on Aging and Independent Living shall assure service providers have an adequate process for referral, service scheduling, and an internal evaluation system to ensure quality services are provided.
33. Each Area Agency on Aging and Independent Living shall provide assurances for coordination of services described in Section 321 (a) of the OAA with other community agencies and voluntary organizations providing the same services, including agencies that carry out intergenerational programs or projects.
34. Each Area Agency on Aging and Independent Living shall implement services in accordance with 910 KAR 1: 180 for the provision Homecare services to be delivered in the District.
35. Each Area Agency on Aging and Independent Living shall provide a process used to ensure the Homecare program coordinate services for individuals with other publicly funded community long-term living services.
36. Each Area Agency on Aging and Independent Living shall implement services in accordance with 910 KAR 1:160 for the provision of Adult Day Care and Alzheimer's respite services.
37. Each Area Agency on Aging and Independent Living receiving funds to implement Personal Care Assistance Program (PCAP) in the district, shall provide for the implementation and oversight of the PCAP program and its provisions according to 910 KAR 1:090
38. Each Area Agency on Aging and Independent Living shall provide a plan for the provision of SHIP services which includes those provided by Title III-B Legal Services and ACL funds.
39. Each Area Agency on Aging and Independent Living shall provide for locally accessible counseling to individual beneficiaries unable to access other channels of information or needing and preferring locally based individual counseling services.
40. Each Area Agency on Aging and Independent Living assure that the SHIP program will target outreach in order to address access to counseling for low-income, dual-eligible, and hard-to-reach populations.
41. Each Area Agency on Aging and Independent Living enhance the counselor work force including the recruitment and training of counselors and volunteers and shall ensure that all SHIP counseling sites have access to a computer with Internet access and are registered on the SHIP NPR website: www.shipnpr.acl.gov.
42. Each Area Agency on Aging and Independent Living ensure participation in SHIP education and communication activities, thus enhancing communication to assure that SHIP counselors are equipped to respond to counseling needs and that the regional coordinator will disseminate information as needed and conduct quarterly meetings with SHIP staff and volunteers.

43. Each Area Agency on Aging and Independent Living shall provide for the implementation and management of Title III C-1 (Congregate) Services and maintain a plan for back up food preparation sites and nutrition sites.
44. Each Area Agency on Aging and Independent Living shall provide for the implementation and management of Title III C-2 (Home-Delivered Meal) Services, including an emergency plan for back up food preparation sites and nutrition sites.
45. Each Area Agency on Aging and Independent Living shall provide nutritionally balanced meals that comply with the most recent Dietary Guidelines, published by the Secretary of Health and Human Services and the Secretary of Agriculture, and Dietary Reference Intakes as established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences for meals funded through Title III-C Nutrition Services Program.
46. Each Area Agency on Aging and Independent Living shall provide for nutritional screening, nutrition education, and where appropriate nutrition counseling.
47. Each Area Agency on Aging and Independent Living shall comply with applicable provisions of State or local laws regarding the safe and sanitary handling of food, equipment, and supplies used in the storage, preparation, service, and delivery of meals to an older individual.
48. Each Area Agency on Aging and Independent Living shall implement a plan for furnishing emergency meals during inclement weather conditions, power failure, any disaster that may cause isolation, medical emergencies, or those with a special need. At least three menus that meet the nutritional requirements of the program shall be planned.
49. Each Area Agency on Aging and Independent Living shall provide for Title III D services as outlined in Sections 361 & 362 of OAA (Chapter 35, 42 U.S.C. 3030M), by providing integrated health promotion and disease prevention programs to older adults that are evidence-based as defined by the ACL to promote healthy lifestyles and behaviors.
50. Each Area Agency on Aging and Independent Living provide or arrange for medication management programs in accordance to Title III D, including activities to screen to prevent drug reactions and incorrect prescriptions.
51. Each Area Agency on Aging and Independent Living provide for a healthy aging initiative, including coordination with state health and wellness programs and senior games.
52. Each Area Agency on Aging and Independent Living coordinate the recruitment, supervision, retention, recognition, and training of volunteers, including senior centers, long term care ombudsman and SHIP (benefits counseling) volunteers within Area Agency on Aging and Independent Living programs.
53. Each Area Agency on Aging and Independent Living assist with and coordinate activities to encourage opportunities for older persons to stay active and involved through community volunteerism.

54. Each Area Agency on Aging and Independent Living provide for support of caregivers though regional programs that provide information, assistance accessing resources, training, respite, counseling, support groups and other services provided in National Family Caregiver Support Program in accordance with Section 373 of OAA (Chapter 35, 42 U.S.C. 3030s-1).
55. Each Area Agency on Aging and Independent Living shall provide for support of grandparents/relative caregiver though regional programs that provide information, assistance accessing resources, training, respite, counseling, support groups and other services provided in the National Family Caregiver Support Program.
56. Each Area Agency on Aging and Independent Living shall inform the public, including policy makers, about the challenges the elderly face when disability changes their lives. Maintain an AAAIL Advisory Council consisting of older individuals, including older rural and minority who are participants or who are eligible for programs assisted under OAA.
57. Each Area Agency on Aging and Independent Living shall provide for coordination and delivery of Title III services to residents of long-term care facilities including community-based services which residents may access, when other public resources are not available to provide such services.
58. Each Area Agency on Aging and Independent Living is to provide community awareness regarding the needs of residents of long-term care facilities.
59. Each Area Agency on Aging and Independent Living shall provide for a formal process to receive/identify, investigate, and resolve inquiries and complaints that are made by or on behalf of residents of licensed Long-Term Care facilities.
60. Each Area Agency on Aging and Independent Living shall maintain a management system which ensures accountability of the district office to respond to the resident's needs including certified back-up in absence of the District Long-Term Care Ombudsman.
61. Each Area Agency on Aging and Independent Living shall provide to the general public, potential residents of long-term care facilities and facility residents information and education regarding: The LTC Ombudsman Program, navigating the long-term care system, Residents' Rights in Long-Term Care facilities.
62. Each Area Agency on Aging and Independent Living shall utilize the state-provided system to document information on complaints and conditions in long-term care facilities; maintaining confidentiality and prohibiting disclosure of identity of any complainant or resident, except as allowed under 42 U.S.C. 3058g (5)(D)(iii). Submit quarterly, annual, and special reports as required by the State Long-Term Care Ombudsman and DAIL.
63. Each Area Agency on Aging and Independent Living shall provide for adequate legal counsel, without conflicts of interest, to provide advice and consultations for the protection of health, safety, and welfare of residents, and support the district LTC Ombudsman by representing older adults as provided under the Act for legal representation.

64. Each Area Agency on Aging and Independent Living will give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.
65. Each Area Agency on Aging and Independent Living shall provide assurances to provide for a District LTC Ombudsman Advisory Council in accordance with state requirements.
66. Each Area Agency on Aging and Independent Living provide for the support of the District LTC Ombudsman program with state funds (CMP) as well as with funds from the federal Title VII Ombudsman and Elder Abuse Prevention program.
67. Each Area Agency on Aging and Independent Living provide for the expansion of the District LTC Ombudsman program as additional funding is provided.
68. Each Area Agency on Aging and Independent Living make use of trained volunteers in providing direct services delivered to older individuals and individuals with disabilities needing services offered through the AAAIL. As appropriate and possible, work in coordination with organizations that have experience in providing training, placement, and stipends for volunteers or participants (such as organizations carrying out Federal service programs administered by the Corporation for National and Community Service), in community service settings.
69. Each Area Agency on Aging and Independent Living shall coordinate with the state, local and/or regional public mental health services agency to: increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the Area Agency on Aging and Independent Living with mental health services provided by community health centers and by other public agencies and local mental health organizations to facilitate the area-wide development and implementation of a comprehensive, coordinated system for providing long-term care in home and community-based settings. Coordination shall be conducted in a manner that is responsive to the needs and preferences of older individuals and their family caregivers, by: collaborating, coordinating activities, and consulting with other local public and private agencies and organizations responsible for administering programs, benefits, and services related to providing long-term care. In coordination with local mental health entities, continuously analyze and recommend strategies as needed to modify the local system of long-term care to better: respond to the needs and preferences of older individuals and family caregivers; facilitate the provision, by service providers, of long-term care in home and community-based settings.
70. Target services to older individuals at risk for institutional placement, to permit such individuals to remain in home and community-based settings; implementing, through the agency or service providers, evidence-based programs to assist older individuals and their family caregivers in learning about and making behavioral changes intended to reduce the risk of injury, disease, and disability among older individuals; and providing for the availability and distribution of public education programs provided through the Aging and Disability Resource Center, the Area Agency on Aging and Independent Living, and other appropriate means relating to: the need to make individual improvements in daily health and wellness habits; plan in advance for long-term care; and (ii) the full range of available public

and private long-term care (including integrated long-term care) programs, options, service providers, and resources.

71. Each Area Agency on Aging and Independent Living shall provide assurances that funds received will be used: to provide benefits and services to older individuals, giving priority to older individuals with greatest economic need, older individuals with greatest social need and older individuals at risk for institutional placement, low income minority older individuals, older individuals with limited English proficiency, and older individual residing in rural areas; and in compliance with the assurances Section 306(a)(13) and the limitations specified in Section 212.
72. Each Area Agency on Aging and Independent Living will coordinate activities, and develop long-range emergency preparedness plans, with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for disaster relief service delivery.
73. Each Area Agency on Aging and Independent Living shall include in the area plan statistical data indicating projected changes in the number of older individuals residing in the AAAIL over the next 10-year period, the impact of changes in population to older individuals and the AAAIL's services, statistical data regarding projected changes in minority, low-income, number of older rural individuals and other target populations over the next 10-year period for which data is available. Further, the AAAIL shall provide an overview of an analysis regarding how programs, policies, resources and services can be adjusted to meet the needs of the changing population of older individuals in the planning and service area, particularly supportive services to address the change in the number of individuals aged 85 and older in the planning and service region.
74. Each Area Agency on Aging and Independent Living shall provide services in cooperation with government officials, State agencies, tribal organizations, or local entities, may make recommendations to government officials in the planning and service area and the State, on actions determined by the AAAIL to build the capacity in the planning and service area to meet the needs of older individuals for: health and human services; land use; housing; transportation; public safety; workforce and economic development; recreation; education; civic engagement; emergency preparedness; and any other service as determined by the AAAIL in coordination with public officials.
75. Each Area Agency on Aging and Independent Living shall provide, to the extent feasible, the provision of services under the Older Americans Act and Kentucky Administrative Regulations consistent with self-directed care.